

Table 1

*Average of Within Person Correlations for Daily Reports of Emotional and Practical Support Receipt and Provision<sup>1</sup>*

	<u>1.</u>	<u>2.</u>	<u>3.</u>	<u>4.</u>	<u>5.</u>	<u>6.</u>
1. Examinee Emotional Support (ES) Receipt	1					
2. Examinee Practical Support (PS) Receipt	0.36	1				
3. Examinee ES Provision	0.24	0.13	1			
4. Examinee PS Provision	0.13	0.18	0.32	1		
5. Partner ES Provision	0.18	0.12	0.06	0.03	1	
6. Partner PS Provision	0.12	0.20	0.05	0.07	0.34	1

1. Correlations computed over 35 days prior to bar examination. Number of Examinees and Partners is 29x.

Table 2

*Estimates of Mixed Model Predicting Evening Mood from Emotional Support Reports on Previous Day, after Adjusting for Previous Evening Mood and Time Indicators<sup>1</sup>*

Fixed Effects	Anxiety $\gamma$ (SE)	Depression $\gamma$ (SE)	Anger $\gamma$ (SE)	Fatigue $\gamma$ (SE)	Vigor $\gamma$ (SE)
Intercept (Day 31)	1.643 (0.050)***	0.784 (0.040)***	0.603 (0.035)***	1.844 (0.054)***	0.893 (0.040)***
Previous Evening Emotion	-0.079 (0.015)***	-0.120 (0.019)***	-0.080 (0.019)***	0.299 (0.016)***	-0.099 (0.015)***
Day	0.026 (0.002)***	0.011 (0.001)***	0.007 (0.001)***	0.004 (0.001)***	-0.010 (0.001)***
Weekend	-0.088 (0.017)***	-0.028 (0.014)*	-0.007 (0.014)	-0.075 (0.019)***	0.051 (0.016)**
Gender	0.100 (0.085)	0.116 (0.068)^	0.025 (0.057)	0.105 (0.100)	-0.270 (0.069)***
Emotional Support (ES) Receipt	0.092 (0.049)^	0.065 (0.039)^	0.047 (0.042)	0.104 (0.056)^	0.092 (0.044)*
Partner ES Provision	0.097 (0.047)*	-0.008 (0.038)	0.046 (0.040)	0.184 (0.055)***	0.000 (0.043)
Phase	-0.200 (0.038)***	-0.017 (0.031)	-0.051 (0.030)^	-0.078 (0.031)*	-0.031 (0.031)
ES Receipt * Phase	-0.123 (0.053)*	-0.071 (0.042)^	-0.045 (0.045)	-0.064 (0.061)	-0.088 (0.048)^
Partner ES Provision * Phase	-0.076 (0.051)	0.007 (0.041)	-0.052 (0.044)	-0.175 (0.060)**	0.010 (0.047)
Random Effects	Anxiety EST (SE)	Depression EST (SE)	Anger EST (SE)	Fatigue EST (SE)	Vigor EST (SE)
Intercept (Day 31)	0.470 (0.044)***	0.293 (0.028)***	0.201 (0.019)***	0.696 (0.060)***	0.310 (0.029)***
Previous Evening Emotion	0.014 (0.004)***	0.040 (0.007)***	0.042 (0.007)***	0.034 (0.006)***	0.017 (0.004)***
ES Receipt	0.010 (0.008)^	0.004 (0.005)	0.008 (0.006)^	0.014 (0.011)^	0.004 (0.007)
Autocorrelation	0.464 (0.026)***	0.482 (0.025)***	0.372 (0.030)***	-0.004 (0.042)	0.346 (0.026)***
Residual	0.515 (0.019)***	0.341 (0.013)***	0.329 (0.011)***	0.523 (0.009)***	0.372 (0.01)***

^ p<.10 \*p<.05 \*\*p<.01 \*\*\*p<.001

N = 293

Table 3

*Estimates of Mixed Model Predicting Evening Mood from Practical Support Reports on Previous Day, after Adjusting for Previous Evening Mood and Time Indicators<sup>1</sup>*

	Anxiety $\gamma$ (SE)	Depression $\gamma$ (SE)	Anger $\gamma$ (SE)	Fatigue $\gamma$ (SE)	Vigor $\gamma$ (SE)
Fixed Effects					
Intercept (Day 31)	1.641 (0.050)***	0.777 (0.040)***	0.604 (0.035)***	1.861 (0.054)***	0.905 (0.040)***
Previous Evening Emotion	-0.069 (0.015)***	-0.114 (0.019)***	-0.105 (0.019)***	0.310 (0.016)***	-0.099 (0.015)***
Day	0.026 (0.002)***	0.011 (0.001)***	0.007 (0.001)***	0.005 (0.001)***	-0.010 (0.001)***
Weekend	-0.087 (0.017)***	-0.027 (0.014)*	-0.003 (0.014)	-0.078 (0.019)***	0.052 (0.016)***
Gender	0.098 (0.086)	0.111 (0.067) <sup>^</sup>	0.020 (0.056)	0.110 (0.100)	-0.267 (0.069)***
Practical Support (PS) Receipt	0.122 (0.050)*	0.013 (0.039)	-0.006 (0.042)	0.015 (0.057)	0.003 (0.045)
Partner PS Provision	0.067 (0.047)	-0.031 (0.037)	0.033 (0.040)	0.049 (0.054)	-0.007 (0.043)
Phase	-0.205 (0.038)***	-0.017 (0.031)	-0.053 (0.030) <sup>^</sup>	-0.090 (0.030)**	-0.042 (0.031)
PS Receipt * Phase	-0.128 (0.053)*	-0.018 (0.042)	-0.035 (0.045)	-0.002 (0.062)	0.022 (0.049)
Partner PS Provision * Phase	-0.076 (0.051)	0.029 (0.041)	-0.056 (0.044)	-0.058 (0.060)	-0.029 (0.047)
Random Effects					
Intercept (Day 31)	0.475 (0.044)***	0.290 (0.027)***	0.198 (0.019)***	0.699 (0.061)***	0.308 (0.029)***
Previous Evening Emotion	0.014 (0.004)***	0.041 (0.007)***	0.040 (0.006)***	0.032 (0.006)***	0.017 (0.004)***
PS Receipt	0.009 (0.007)	0.004 (0.005)	0.005 (0.005)	0.008 (0.010)	-
Autocorrelation	0.453 (0.028)***	0.483 (0.025)***	0.393 (0.027)***	-0.013 (0.039)	0.345 (0.026)***
Residual	0.505 (0.019)***	0.336 (0.012)***	0.333 (0.010)***	0.525 (0.009)***	0.375 (0.010)***

<sup>^</sup> p<.10 \*p<.05 \*\*p<.01 \*\*\*p<.001

N = 291

Table 4

*Estimates of Mixed Model Predicting Morning Mood from Emotional and Practical Support Reports on Previous Day, after Adjusting for Previous Morning Mood and Time Indicators<sup>1</sup>*

	Anxiety	Depression	Anger	Fatigue	Vigor
Fixed Effects	$\gamma$ (SE)	$\gamma$ (SE)	$\gamma$ (SE)	$\gamma$ (SE)	$\gamma$ (SE)
Intercept (Day 29)	0.048 (0.027) <sup>^</sup>	0.040 (0.019)*	0.045 (0.024) <sup>^</sup>	0.011 (0.033)	-0.178 (0.032)***
Previous Morning Emotion	0.362 (0.017)***	0.390 (0.020)***	0.120 (0.021)***	0.327 (0.017)***	0.039 (0.016)*
Average Individual AM Emotion	1.015 (0.009)***	1.024 (0.009)***	1.027 (0.014)***	1.013 (0.009)***	1.037 (0.012)***
Day	0.088 (0.007)***	0.011 (0.005)*	0.013 (0.007) <sup>^</sup>	0.024 (0.009)**	-0.006 (0.008)
Phase	0.075 (0.030)***	0.017 (0.022)	-0.006 (0.027)	0.025 (0.036)	-0.033 (0.034)
Day * Phase	-0.074 (0.007)***	-0.005 (0.006)	-0.007 (0.007)	-0.018 (0.009)*	-0.007 (0.008)
Weekend	-0.077 (0.015)***	-0.015 (0.011)	-0.001 (0.013)	-0.068 (0.018)***	0.106 (0.015)***
Gender	-0.004 (0.013)	-0.006 (0.009)	-0.012 (0.012)	-0.012 (0.015)	0.025 (0.016)
Emotional Support (ES) Receipt	0.064 (0.046)	0.008 (0.034)	0.003 (0.038)	-0.023 (0.055)	0.018 (0.046)
Partner ES Provision	0.107 (0.042)*	0.119 (0.031)***	0.071 (0.035)*	0.156 (0.050)**	-0.066 (0.042)
ES Receipt * Phase	-0.078 (0.049)	0.003 (0.037)	-0.038 (0.041)	0.004 (0.059)	-0.011 (0.049)
Partner ES Provision * Phase	-0.055 (0.046)	-0.083 (0.035)*	-0.034 (0.039)	-0.081 (0.056)	0.074 (0.047)
Practical Support (PS) Receipt	-0.036 (0.045)	-0.020 (0.034)	-0.069 (0.037) <sup>^</sup>	0.000 (0.055)	0.027 (0.045)
Partner PS Provision	0.002 (0.042)	-0.012 (0.031)	-0.060 (0.035) <sup>^</sup>	-0.038 (0.050)	0.008 (0.042)
PS Receipt * Phase	0.072 (0.049)	0.004 (0.037)	0.047 (0.041)	0.030 (0.059)	-0.040 (0.050)
Partner PS Provision * Phase	-0.054 (0.047)	-0.029 (0.035)	0.025 (0.039)	-0.002 (0.056)	0.045 (0.047)
Random Effects	Anxiety	Depression	Anger	Fatigue	Vigor
	EST (SE)	EST (SE)	EST (SE)	EST (SE)	EST (SE)
Morning Emotion	0.029 (0.005)***	0.040 (0.007)***	0.049 (0.008)***	0.031 (0.006)***	0.021 (0.005)***
ES Receipt	0.032 (0.011)**	0.004 (0.005)	0.000 (0.005)	0.026 (0.012)*	0.024 (0.010)**
PS Receipt	0.010 (0.009)	0.013 (0.006)*	0.017 (0.007)*	0.026 (0.013)*	0.004 (0.007)
Autocorrelation	-0.087 (0.027)**	-0.099 (0.025)***	0.103 (0.066)	-0.082 (0.027)**	0.151 (0.044)***
Residual	0.297 (0.006)***	0.170 (0.003)***	0.202 (0.004)***	0.435 (0.008)***	0.306 (0.007)***

<sup>^</sup>  $p < .10$  \* $p < .05$  \*\* $p < .01$  \*\*\* $p < .001$

N = 291; Random effect for intercept was not needed because average AM emotion was explicitly included in model.

Table 5

*Estimates of Mixed Model Predicting Evening Mood from Emotional and Practical Support Reports on Same Day, after Adjusting for Morning Mood and Time Indicators<sup>1</sup>*

Fixed Effects	Anxiety $\gamma$ (SE)	Depression $\gamma$ (SE)	Anger $\gamma$ (SE)	Fatigue $\gamma$ (SE)	Vigor $\gamma$ (SE)
Intercept (Day 29) ( $b_0$ )	0.142 (0.036)***	0.138 (0.026)***	0.117 (0.028)***	0.638 (0.060)***	-0.009 (0.043)
Morning Emotion ( $b_1$ )	0.379 (0.017)***	0.398 (0.023)***	0.289 (0.023)***	0.359 (0.019)***	0.241 (0.017)***
Average Individual AM Emotion ( $b_2$ )	0.982 (0.017)***	1.023 (0.016)***	1.041 (0.022)***	0.860 (0.031)***	0.785 (0.025)***
Day ( $b_3$ )	0.094 (0.008)***	0.005 (0.007)	-0.002 (0.007)	-0.011 (0.010)	-0.009 (0.008)
Phase ( $b_4$ )	0.067 (0.035) <sup>^</sup>	0.026 (0.028)	-0.013 (0.030)	-0.081 (0.042) <sup>^</sup>	0.010 (0.032)
Day * Phase ( $b_5$ )	-0.080 (0.009)***	0.001 (0.007)	0.006 (0.007)	0.013 (0.010)	0.000 (0.008)
Weekend ( $b_6$ )	-0.048 (0.016)**	-0.014 (0.013)	0.007 (0.013)	-0.026 (0.018)	0.027 (0.015) <sup>^</sup>
Gender ( $b_7$ )	-0.009 (0.024)	0.010 (0.017)	0.000 (0.019)	-0.060 (0.052)	-0.003 (0.034)
Daily Stressors ( $b_8$ )	0.064 (0.006)***	0.058 (0.005)***	0.074 (0.005)***	0.066 (0.007)***	-0.064 (0.005)***
Emotional Support (ES) Receipt ( $b_9$ )	0.045 (0.024) <sup>^</sup>	0.023 (0.020)	-0.052 (0.021)*	0.010 (0.026)	0.055 (0.021)*
Partner ES Provision ( $b_{10}$ )	0.051 (0.019)**	0.079 (0.016)***	0.052 (0.017)**	0.058 (0.023)*	-0.011 (0.018)
Examinee ES Provision ( $b_{11}$ )	-0.101 (0.021)***	-0.062 (0.017)***	-0.038 (0.018)*	-0.035 (0.024)	0.102 (0.020)***
ES Receipt * Exmree ES Provision ( $b_{12}$ )	-0.061 (0.045)	-0.020 (0.037)	-0.082 (0.039)*	-0.123 (0.054)*	0.046 (0.043)
Practical Support (PS) Receipt ( $b_{13}$ )	0.015 (0.020)	-0.011 (0.017)	-0.010 (0.019)	-0.005 (0.024)	0.061 (0.019)**
Partner PS Provision ( $b_{14}$ )	-0.037 (0.019) <sup>^</sup>	-0.055 (0.016)***	-0.015 (0.017)	-0.006 (0.023)	0.011 (0.018)
Examinee PS Provision ( $b_{15}$ )	-0.063 (0.020)**	-0.075 (0.016)***	-0.077 (0.017)***	-0.074 (0.023)**	0.046 (0.019)*
PS Receipt * Exmree PS Provision ( $b_{16}$ )	-0.017 (0.043)	-0.029 (0.035)	-0.070 (0.037) <sup>^</sup>	-0.015 (0.051)	0.010 (0.041)
Random Effects	Anxiety EST (SE)	Depression EST (SE)	Anger EST (SE)	Fatigue EST (SE)	Vigor EST (SE)
Intercept (Day 29)	0.021 (0.003)***	0.007 (0.002)***	0.011 (0.002)***	0.160 (0.016)***	0.059 (0.007)***
Morning Emotion	0.029 (0.006)***	0.052 (0.010)***	0.059 (0.011)***	0.045 (0.008)***	0.028 (0.006)***
ES Receipt	0.001 (0.007)	0.025 (0.007)***	0.031 (0.009)***	0.022 (0.012)*	0.003 (0.007)
PS Receipt	0.037 (0.011)***	0.005 (0.005)	0.008 (0.007)	0.002 (0.010)	0.018 (0.008)*
Autocorrelation	0.162 (0.017)***	0.163 (0.018)***	0.148 (0.016)***	0.191 (0.016)***	0.143 (0.015)***
Residual	0.317 (0.006)***	0.211 (0.004)***	0.235 (0.005)***	0.454 (0.009)***	0.281 (0.005)***

<sup>^</sup> p<.10 \*p<.05 \*\*p<.01 \*\*\*p<.001